



3-Month Strategic Growth Program – 90 Days to Results

Month 1 – Clarity & Realignment

Focus: Build a strong foundation by understanding where you are, what's holding you back, and where you want to go.

- Business Clarity Deep-Dive Session (2 hours): A comprehensive audit of your current business, vision, and challenges.
- Vision Recalibration: Redefine your purpose, values, and long-term direction.
- Mindset Reset: Start releasing limiting beliefs and building the confidence needed to take bold action.
- Weekly Motivational Tips: Ongoing support to keep you inspired, focused, and in action between sessions.

Outcome: Crystal-clear clarity on your current position, future direction, and the internal shifts needed to move forward with confidence.

Month 2 – Strategic Planning & Focus

Focus: Turn clarity into a customised, actionable growth strategy.

- Roadmap to Success Workshop (120 mins): Create a strategic blueprint tailored to your business goals and vision.
- Two Personal Coaching Workshops (120 mins each): Deep-dive strategy sessions to refine your plan and strengthen decision-making.
- Priority Setting & Time Management: Focus on high-impact actions that accelerate results.
- Market Analysis & Opportunity Mapping: Define your ideal audience, identify growth opportunities, and refine your positioning.
- Monthly Clarity & Strategy Session #1: Align your growth plan with your objectives and fine-tune your roadmap.
- Weekly Motivational Tips: Keep momentum and clarity high as you take strategic action.

Outcome: A focused, results-driven 90-day roadmap with clear priorities and step-by-step actions to reach your goals.

Month 3 – Implementation & Accountability

Focus: Execute with confidence, track progress, and scale your results.

- Execution Frameworks & Success Strategies: Proven tools and systems to help you implement your plan effectively.
- Two Personal Coaching Workshops (120 mins each): Hands-on support to overcome challenges, refine execution, and stay aligned with your goals.
- Bi-Weekly Accountability Check-Ins (30 mins): Review progress, celebrate wins, and make real-time adjustments.
- Monthly Clarity & Strategy Sessions #2 & #1: Deep-dive reviews to optimise results and ensure lasting momentum.
- Ongoing Mindset Coaching: Build resilience, confidence, and strategic thinking as you grow.
- Weekly Motivational Tips: Continued inspiration and encouragement to keep you moving forward.

Outcome: Tangible progress, sustainable momentum, and the confidence and strategy to continue scaling beyond the program.



Bonus Resources

- Productivity Toolkit: Templates and tools to organise tasks, track KPIs, and manage time effectively.
- Business Resource Library: Curated guides, articles, and videos to deepen your growth journey.